



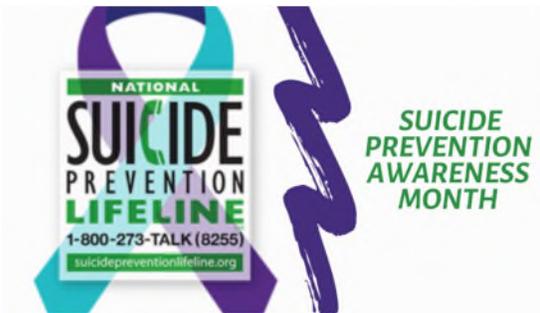
OCEAN COUNTY DEPARTMENT OF HUMAN SERVICES

PHONE: 732.506.5374 | EMAIL: OCEANDHS@CO.OCEAN.NJ.US | FACEBOOK: @OCDHS | WEBSITE: WWW.OCEANDHS.ORG

Visit our website > Follow our Facebook >> Send an e-mail >>



September is...



**SUICIDE
PREVENTION
AWARENESS
MONTH**

Suicide Prevention Awareness Month

— A time to raise awareness on this stigmatized topic. In addition to shifting public perception, use this month to spread hope and vital information to people affected by suicide. The goal is to ensure that individuals, friends and families have access to the resources they need to discuss suicide prevention and to seek help. [More information...](#)



**NATIONAL
RECOVERY
MONTH**

National Recovery Month — A national observance held every September to promote and support new evidence-based treatment and recovery practices, the emergence of a strong and proud recovery community, and the dedication of service providers and community members across the nation who make recovery in all its forms possible. [More information...](#)



**NATIONAL
PREPAREDNESS
MONTH**

National Preparedness Month — An observance each September to raise awareness about the importance of preparing for disasters and emergencies that could happen at any time. The 2021 theme is “Prepare to Protect. Preparing for disasters is protecting everyone you love.”

[More information...](#)

This week's feature...

LOOK!

**TRANSPORTATION
FUNDING AVAILABLE**

Division of Family Development Work First New
Jersey Transportation Program

NOW OPEN

Effective January 1, 2022, the Ocean County Human Services Advisory Council anticipates having funds available to assist TANF (Temporary Assistance for Needy

Families) recipients who are unable to secure employment, childcare and/or career training due to lack of transportation with auto ownership and transportation related expenses. Approximately \$71,630.00 will be available for this program annually.

Applications must be submitted by no later than 4:00PM on Tuesday, October 5th to the Ocean County Department of Human Services at 1027 Hooper Avenue, Toms River, NJ 08753.

[More Information](#)



Shore Non-Profit 'Second Chance' will Teach Culinary Arts to those with a Criminal History

Second Chance is a new nonprofit organization created with the hopes of providing previously incarcerated people with training and jobs in the



NJ COVID Rent Relief is Going Where it's Most Needed. Which ZIP Codes Received the Most?

The bulk of federal aid over the past year to offset lost rent payments from tenants affected by the COVID pandemic has gone to landlords

hospitality industry. Its founders, a collection of Shore restaurateurs, chefs and a local resident, currently are raising money to fund culinary school classes for its first group of participants.

[Read More](#)

with properties in New Jersey's most densely packed, diverse urban ZIP codes. Those are many of the same communities whose residents have been disproportionately ravaged by COVID, in terms of cases, deaths or lost wages due to the pandemic.

[Read More](#)



Rules Set to Make Ban on Criminal Past in Housing Discrimination Official

New Jersey Division on Civil Rights has officially published the rules in the New Jersey Register to implement the state's landmark law prohibiting landlords from considering the criminal history of a prospective tenant when making an offer of housing. The rules also spell out the limited circumstances in which a landlord can refuse to rent to an individual.

[Read More](#)



Fulfill Distributes School Supplies To Kids In Need

Kids in Aberdeen, Asbury Park, Brick, Eatontown, Farmingdale, Howell, Lakewood, Long Branch, Manahawkin, Neptune, Ocean, Point Pleasant, Tinton Falls, and Toms River received the backpacks filled with notebooks, paper, pencils, pens, scissors, crayons, markers, folders, lunch boxes, and more.

[Read More](#)



The Ocean County Health Dept. is Looking for a Second Group of Volunteers

The OCHD is looking for eligible individuals to participate in a focus group at the end of September to provide ideas and feedback for the agency's opioid awareness campaign! This is part of the Implementing Overdose Prevention Strategies at the Local Level (IOPSLL) grant opportunity and in conjunction with the development of the Ocean County Overdose Response Plan.

[Read More](#)



Sensory Space Now Open at the Ocean County Library

The Sensory Space provides a calm, relaxing atmosphere designed to relieve stress and anxiety. It is designed to develop the senses, encourage communication and social interactions and to send a positive message to people with varying degrees of sensory processing who might feel inhibited in social environments. The equipment within the Space is visually stimulating, tactile, soothing and interactive. It is a welcoming space to all members of our community.

[Read More](#)

COMPASS 82

What's the difference between an additional third dose and a booster dose?

ADDITIONAL THIRD DOSE

CDC is recommending immunocompromised people receive an additional dose 28 days after completing their 2 dose series of a mRNA vaccine (Pfizer or Moderna).

This includes people who:

- Been receiving active cancer treatment
- Received an organ transplant, stem cell transplant
- Moderate or severe immunodeficiency
- For a full list, please visit our website www.ochd.org

BOOSTER DOSE

- "Booster dose" is another dose of the vaccine that is given to someone who has built enough protection after vaccination but then that protection decreases over time
- Beginning in Fall 2021, non-immunocompromised individuals are eligible for a booster dose 8 months after they receive their 2nd dose of a mRNA vaccine (Pfizer or Moderna) - time frame subject to change

For those individuals who received a Johnson & Johnson vaccine, there is no recommendation for a booster at this time.

Talk to your healthcare provider about your medical condition to see if getting an additional dose and/or booster dose is right for you!

For more information and guidance for older adults, please visit www.ochd.org.

FOR HELP WITH SCHEDULING AN APPOINTMENT, CALL 732-573-7272

Difference Between an Additional 3rd Dose and a Booster Dose of the COVID-19 Vaccine

The Ocean County Department of Senior Services is resuming its vaccine pilot project with Compass 82 and the Ocean County Health Department to educate and assist older adults, caregivers and residents with disabilities with their booster shots.

[Read More](#)

REGISTER READY
NJ'S SPECIAL NEEDS REGISTRY FOR DISASTERS

"The First Step in Emergency Preparedness for Individuals with Disabilities"

Register Ready is a free, confidential, voluntary database designed to help emergency responders locate and safely evacuate people who could find it difficult to help themselves in a disaster.

You (or someone on your behalf) are encouraged to register if you have a physical, developmental, cognitive or behavioral impairment, language barrier, or transportation challenge that may make it difficult for you to safely shelter in place or evacuate in a disaster.

HOW CAN I REGISTER?

- ✓ Log onto www.registerready.nj.gov
- ✓ Dial 2-1-1, toll free
- ✓ Call the Ocean County Office of Emergency Management: (732) 341-3451
- ✓ Mail a completed paper form to: Ocean County Office of Emergency Management, Robert J. Miller Airpark PO. Box 2191, Toms River, NJ 08754

Register Ready: NJ's Special Needs Registry

"Register Ready – New Jersey's Special Needs Registry for Disasters" allows NJ residents with disabilities or access and functional needs and their families, friends and associates an opportunity to provide information to emergency response agencies, so emergency responders can better plan to serve them in a disaster or other emergency.

[Read More](#)

Ocean County Homeless Prevention and Assistance Coalition

Executive
Committee

Patricia Cash
Interfaith
Hospitality
Network

Noelle Huber
OCFA

Nina Hagen
Ocean County Jail

Rene Bulbach
Ocean County
Department of
Human Services

Jackie Edwards
Village Resources

Kathryn Colborn
Ocean
Partnership for
Children

Natasha
McLavin
South Jersey
Legal Services

Tina Miles
Sickler On

Kim Santora
Contact

Wanda Alfaro
Senior Services

CALLING ALL OCEAN COUNTY LANDLORDS...



DO YOU HAVE A PROPERTY FOR RENT?

**DO YOU DESIRE TIMELY MONTHLY RENTAL
PAYMENTS EVEN DURING A PANDEMIC?**

**DO YOU WANT TO ASSIST WITH ENDING
HOMELESSNESS?**

Contact us TODAY! We have individuals and families in need of permanent, safe, and stable housing in Ocean County. We provide supportive services, conduct monthly home visits, inspect units regularly and offer support to the landlord.

Most housing programs pay 100% of rental obligation, ensure low vacancy rates, cover costs of damage/repair and will reimburse directly to the landlord.

EMAIL: ocpermhousing@gmail.com

Ocean County Permanent Housing Committee Looking for Landlords

The Committee has individuals and families in need of permanent, safe and stable housing in Ocean County. The Committee provides supportive services, conducts monthly home visits, inspects units regularly and offers support to the landlord. Most of the housing programs pay 100% of the rental obligations, ensures low vacancy rates, covers costs of damage/repair and will reimburse directly to the landlord.

[Read More](#)

OCEAN COUNTY COLLEGE Adult Education, Civics, & Workforce Preparation

Fall 2021 - Registration Now Open

ESL/Civics Orientation

Ocean County College, Bldg. 4: Thursday, Sept. 9th 9am -12pm & 6pm - 9pm

OC Training Center, Waretown: Thurs., Sept 16th, 9am -12pm & 6pm - 9pm

Brick Township High School: Wed. Sept. 15th, 6pm to 9pm

Pt. Pleasant Beach HS: Thursday, Sept. 9th, 6pm to 9pm

Lakewood Library: Mon. Sept 13th & Tues. Sept. 14th 9am -12pm & 6pm - 9pm

High School Equivalency Orientation (formerly GED)

Ocean County College, Bldg. 4: Monday, Sept. 13th 9am -12pm & 6pm - 9pm

OC Training Center, Waretown: Thurs., Sept 16th, 9am -12pm & 6pm - 9pm

Brick Township High School: Wed. Sept. 15th, 6pm to 9pm

Pt. Pleasant Beach HS: Thursday, Sept. 9th, 6pm to 9pm

Class Schedule: Start week of September 20th; 12-weeks; In-person or Remote;
3-hrs sessions (9am to 12pm; 2pm to 5pm; 6pm to 9pm)

REGISTRATION REQUIRED - CONTACT US TODAY

732-255-0400 EXT. 2032 ADULTEDUCATION@OCEAN.EDU

Ask about the HSE BOOTCAMP

*Prep & test in 1-week *Must be eligible

Grant provided through the NJ Dept of Labor & Workforce Development, Title II funds

8-17-2021

Ocean County College Adult Education, Civics & Workforce Preparation Program

Registration is now open for Ocean County College's Title II Programs. Registration is required.

[Read More](#)



Bridging the Gap Between Law Enforcement and Mental Health Professionals

This training is open to all mental health and social service professionals seeking a better understanding to law enforcement and building partnerships with them to better services our clients and communities.

[Register Here](#)



Harm Reduction: From Principles to Practice (PAC/PACADA)

Define harm reduction, identify at least 3 principles of harm reduction work, and differentiate between successful and less successful approaches. The diagnostic criteria of the DSM and dimensional criteria of the ASAM 3 will be introduced in the lens of determining the need for admission to treatment and continued care from a harm reduction treatment perspective. Medication assisted treatments (MATs) and medicinal marijuana as a MAT option will be discussed.

[Register Here](#)

Join one of the best non-profit's in the area!
OceanMHS understands and values the life work balance



Invites you to a
JOB FAIR!
One Day Only
September 21, 2021

OceanMHS.org
Equal Opportunity Employer

Two locations and two times to fit your schedule
Light Fare Served at Both Sessions!

11am - 2pm
OceanMHS Water St.
(36 West Water St., Toms River)

4pm - 7pm
OceanMHS Admin. Location
(687 Route 9, Bayville)

<p>Benefits Include:</p> <ul style="list-style-type: none"> • Flexible Scheduling • Generous Paid Time Off • Medical, Dental, Vision • 11 Paid Holidays 	<ul style="list-style-type: none"> • Employer Paid Life Insurance • 403B Plan w/ Matching Employer Paid Funds • CEU Opportunities • Career Development Opportunities 	<p>Opportunities For:</p> <ul style="list-style-type: none"> • High School Graduates with Life Experience • Master and Bachelor Level Social Workers and Mental Health Professionals • Licensed Therapists and Certified Teachers
--	--	---

Join Our Team Today and Enjoy:

\$500 Bonus for Full-Time Positions*

\$250 Bonus for Full-Time Positions*

*After 6 months of Employment

Interested parties can view current open positions on [OceanMHS.org/careers/](https://oceanmhs.org/careers/)

Simply email your resume or RSVP to jobs@oceanmhs.org with **Job Fair** in the subject line.



Ocean Mental Health Services Job Fair

Ocean Mental Health Services is hosting a job fair at two locations, Toms River and Bayville. The benefits include flexible scheduling, medical, dental and vision, paid holidays, and more. There are opportunities for high school graduates, Master and Bachelor level Social Workers and Mental Health Professionals as well as Licensed Therapists and Certified Teachers.

[More Information](#)



EFMP Virtual

Resource Fair



September 20th
7:30pm - 8:30pm

Welcome Remarks by
Congressman Andy Kim and
Col. Jon Brierton, JB MDL Deputy
Commander - Army and
ASA-Dix Commander

Register at:
https://usbr.zoomgov.com/webinar/register/WN_mHHVlbsTeG6dnhTW5Zlg
RSVP by: September 15th

FOR ALL MILITARY CONNECTED FAMILIES

Resources and guidance to military families with children and youth with disabilities or special healthcare needs as the new school year is starting.

- How to establish eligibility and where to find assistance for your child
- How to access services and supports for youth with IDD
- What services are available through Children's System of Care

PRESENTERS



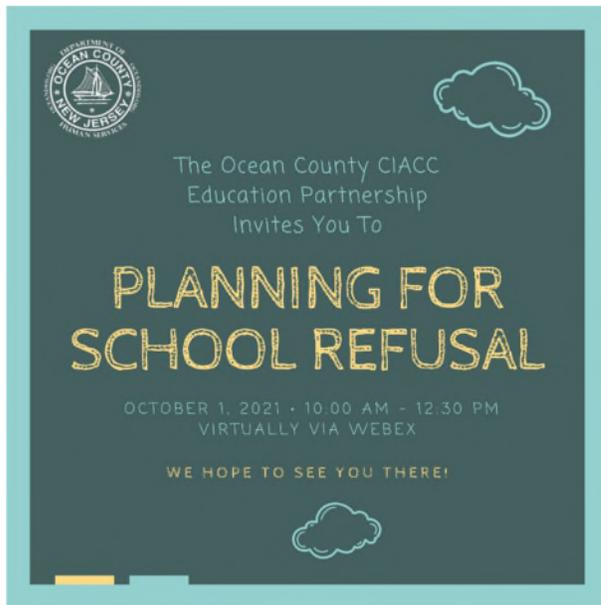
- Peg Kinsell, Director of Military Family Support 360 Project
- Kim Murray, Acting Director, Office of Special Education, NJ Department of Education
- Mollie Greene, Assistant Commissioner, The Children's System of Care, NJ Department of Children and Families
- Additional Subject Matter Experts from JB MDL Will Be Available



EFMP Virtual Resource Fair for Military Families

Congressman Andy Kim is hosting a webinar for military connected families who have children with special needs and providers who work with these families. The webinar will provide resources and guidance to families like how to establish eligibility and where to find assistance for your child, how to access services and supports for youth with IDD and what services are available through the Children's System of Care.

[More Information](#)



Ocean County CIACC Education Partnership Training

The Ocean County CIACC Education Partnership is proud to present its first training of the 2021-2022 school year! As students return to school for another year amidst the pandemic, with no opportunity for remote learning, it is imperative that we have tools and strategies to support them as they head into a year filled with uncertainties. Join us on October 1, 2021 from 10:00 am – 12:30 pm virtually via Webex.

[More Information](#)

Date	Topic	Webex Link
Oct 1	Effective Collaborations for Resource Development	9:30am – 12:30pm
Oct 6 & 7	Positive Behavior Support for Youth with IDD & Challenging Behaviors (2 parts)	10am – 12pm
Oct 7 & 8	Motivational Interviewing (2 parts)	9:30am – 12:30pm
Oct 12 & 13	Social Emotional Learning (SEL): Social Decision Making (2 parts)	9am – 11:30am
Oct 12 & 13	Setting Yourself Up for Safety: Practical Skills for Outreach Workers (2 parts)	9:30am – 12pm
Oct 13 & 14	Domestic Violence Fundamentals (2 parts)	10am – 12:30pm
Oct 13 & 14	Working with Trans Youth (2 parts)	10am – 12:30pm
Oct 14 & 15	Foundations of Developmental Disabilities (2 parts)	10am – 12:30pm
Oct 14 & 21	DEM-5 (2 parts)	10am – 12pm
Oct 15	De-escalating Conflict with Youth and Families: Using Empathy to De-escalate Tense Situations	9am – 12pm
Oct 15	Infusing Practice with Cultural Competence (2 parts)	9am – 11am 1pm – 3pm
Oct 18	Managing Complex Boundaries: Ethical Considerations for Providers of In-home Behavioral Health Care	9am – 12:15pm
Oct 18 & 19	Understanding Child Abuse & Mandatory Reporting Laws (2 parts)	9:30am – 12pm
Oct 19	NJ Wraparound: Values & Principles	9:30am – 1:30pm
Oct 19 & 20	Building Mindfulness in Life: Applied Mindfulness Practices for Supporting Youth, Families, & Self (2 parts)	9am – 12pm
Oct 19 & 20	Poverty, Pandemics, and Cultural Competence: Exploring Health Outcomes (2 parts)	9:30am – 12:15pm
Oct 21	Repetitive Behavior: Is it Autism Spectrum, Obsessive Compulsive, or Both?	10am – 11:15am
Oct 26 & 28	Exploring Self-Compassion and Positive Psychology: Planting Seeds of Wellness in Our Everyday Lives (2 parts)	9am – 12pm
Oct 26 & 27	An Introduction to Human Trafficking: The Impact on Youth and Families in New Jersey (2 parts)	10am – 11:30am
Oct 26 & 27	CANS: Strengths & Needs Assessment (2 parts)	9am – 12pm 1pm – 4pm
Oct 27 & 28	Understanding Trauma and Resilience: Developing Trauma-Informed Service Provision (2 parts)	11am – 1:50pm
Oct 20 & 21 OR 22	Child & Family Team Process (2 parts)	9:30am – 1:30pm
Strengths Based Care Planning - CMOs ONLY - Register online.		
Oct 20	Strengths Based Care Planning: ISP & FCP	9am – 12pm
FSO Orientation & Training		
Oct 20	Family Support Partner Orientation & FANS Tool Training	10am – 2pm
Mobile Response & Stabilization Services Orientation		
Oct 4 & 6	Mobile Response Orientation – Crisis Response Protocol (2 parts)	10am – 2pm
Oct 9	Crisis Assessment Tool (CAT) Training	10am – 2pm

On-Demand Online Modules - Click [here](#) to register and get started.

DAILY Mindfulness Groups - Click [here](#) for details on how to join.

Training is available to all system partners within the New Jersey Statewide Children's System of Care. On-line registration at least three business days prior to the training date is requested to allow time for confirmation & preparation of materials. Attendees may be asked to present a copy of their confirmation email at the time of sign-in at the training.

Children's System of Care (CSOC) Training and Technical Assistance Program October Training Calendar

The mission of Training and Technical Assistance Services for the Children's System of Care is to support learning the requisite knowledge and skills to provide services and support the unique needs and strengths of families and children with complex needs. The training and technical assistance effort draws on a commitment to competency based curriculum design, training based on adult principles of learning and skill development, and development of local expertise and training capacity.

[More Information](#)

TOLL-FREE HELPLINE:
855.850.HOPE

Recovery Speaks

SHARE YOUR STORY

EMBRACING YOUR RECOVERY JOURNEY

By helping others, we help ourselves.

Join us in lifting the voices of those affected by substance use disorder. Hear stories of hope and be a part of our movement to celebrate families and individuals in recovery.

Share Your Story is the final event of our yearlong anti-stigma campaign. This event is dedicated to finding your purpose through your personal experience and your recovery journey. Speakers will share their experiences to provide strength and inspiration that recovery is possible.

HOPE SHEDS LIGHT and RAFTS

Together HSL and RAFTS will expand their reach and capacity in Central and South Jersey to support those who need it most. Together they are a family-focused non-profit agency that offers education, resources, support and HOPE to everyone and anyone affected by addiction and the opioid epidemic. HOPE Sheds Light is supported by friends and families directly affected by addiction, and found recovery through continuous love, support and understanding.

© New Jersey Non-Profit Corporation, 903-3034333 - Tax ID: 46-0920204

HOPEShedsLight.org

253 Chestnut Street, Toms River, NJ 08753 | Heather@HOPEShedsLight.org

Hope Sheds Light is hosting a 'Recovery Speaks' Share Your Story' event at Ocean County College. Please see the attached flyer for further details. There will be 4 speakers that will share their stories and Steve Willis will be the keynote speaker. Lunch will also be provided.

[More Information](#)

SUPPORT GROUPS/PROGRAMS

A section to remind you that you are never alone.

ARE YOU LOOKING FOR A PARENTING PROGRAM?



PARENTING WISELY is a highly interactive online parenting course designed by family and social scientists to equip parents with the tools necessary to engage their children in difficult family scenarios. Parents would learn constructive skills proven to **lessen** drug and alcohol abuse in youth, school and homework problems, delinquency and other problem behaviors, family conflict, and more. It holds the distinction of being the only online parent education course for families that is currently listed on the U.S. Department of Health and Human Services National Registry for EVIDENCE-BASED Programs and Practices.



How to sign up or for more information:
Contact Amanda Gan at the Ocean County Health Department @ 732-341-9700 x7233 to get an account!



St. Francis Family Support Services

Parenting Group

This program is interactive and is designed to meet the specific needs of participating parents. Group topics include; effective discipline, parenting styles, appropriate behaviors, development regarding ages 0-18 and more. *12 week program – no cost for participants*

UPCOMING GROUP:

TOMS RIVER – Tuesdays: August 24 – November 16, 2021 from 6-7:30 PM
 MANAHAWKIN – Mondays: September 27 – December 13, 2021 from 6-7:30 PM

Parenting in Recovery (PIR)

Groups focus on supporting families with any substance abuse history. Parents explore the effects of substance abuse on themselves and their families while learning appropriate parenting skills that enhance and strengthen family relationships. *12 week program – no cost for participants*

UPCOMING GROUP:

TOMS RIVER – Thursdays: September 2 – November 18, 2021 from 7:30-9 PM

Anger Management Program

Groups focus on supporting participants learn to manage their anger and the life stressors that cause unhealthy expressions of anger. Participants learn to identify triggers, explore the types of anger, substance abuse, and enhancing healthy coping skills. Anger management groups are for Ocean County residents and caregivers. *12 week program – the program cost is \$360*

UPCOMING GROUP:

TOMS RIVER – Tuesdays: August 24 – November 16, 2021 from 7:30-9 PM
 MANAHAWKIN – Mondays: September 27 – December 13, 2021 from 7:30-9 PM

All dates are subject to change based on group enrollment
Call to register: 609-494-8861 ext. 197



You're invited to our community support & discussion group that addresses how life is going at this point in the pandemic and how to manage the accompanying stress.

Mondays in September @ 7:00 pm

Meeting ID: 869 9749 6142 **Link:** <https://us02web.zoom.us/j/86997496142?pwd=ZGFhSnJQNTBoZE1qMTFMMVoyaklyZz09>
Passcode: 981708



NEW JERSEY hope healing
 This program is brought to you by NJ Hope and Healing- CCP program The Mental Health Association in New Jersey in collaboration with the New Jersey Department of Human Services' Division of Mental Health and Addiction Services, Disaster and Terrorism Branch, is offering a Crisis Counseling Program (CCP) through a (FEMA/SAMHSA) grant.
 For more information visit www.mhanj.org



Hanging On To Healthy Habits



**A new Group to Promote a healthier Phase of the Pandemic!!
 -Free & open to the Public-**

Join us Tuesdays in September @ 4:00pm

Zoom Meeting ID: 864 1161 3890 **Passcode:** 004349
Link: <https://us06web.zoom.us/j/86411613890?pwd=YWZWTzRSVUZ5SEtoS211WHdNUVldz09>

NEW JERSEY hope healing
 This program is brought to you by NJ Hope and Healing- CCP program The Mental Health Association in New Jersey in collaboration with the New Jersey Department of Human Services' Division of Mental Health and Addiction Services, Disaster and Terrorism Branch, is offering a Crisis Counseling Program (CCP) through a (FEMA/SAMHSA) grant.
 For more information visit www.mhanj.org



PREGNANT WOMEN SUPPORT GROUP

ARE YOU A BUNDLE OF NERVES
OVER YOUR BUNDLE OF JOY?

TUESDAYS IN SEPTEMBER @ 6:30PM

MEETING ID: 976 8774 4339

PASSCODE: 200411

LINK: <https://zoom.us/j/97687744339?pwd=aVYwU0FPOGRIZ1NsYTM3bWY4dDhCUT09>

NEW JERSEY hope and healing

This program is brought to you by NJ Hope and Healing- CCP program The Mental Health Association in New Jersey in collaboration with the New Jersey Department of Human Services' Division of Mental Health and Addiction Services, Disaster and Terrorism Branch, is offering a Crisis Counseling Program (CCP) through a (FEMA/SAMHSA) grant. For more information visit www.mhanj.org

**TE IMPORTA TU CUERPO?
CUIDA TU MENTE.**

ÚNETE A NUESTRO GRUPO DE APOYO VIRTUAL PARA EL BIENESTAR EMOCIONAL.

TODOS LOS MARTES A LAS 7:00 PM
LOS MIÉRCOLES A LAS 7:00 PM,
Y LOS VIERNES A LAS 11:00 AM.

MEETING ID:
985 2934 2867

PASSCODE:
799051

LINK:
<https://zoom.us/j/98529342867?pwd=QXdsZHBZZURhQ3NiS0kzTHJlPWFlU09>

NEW JERSEY hope and healing

This program is brought to you by NJ Hope and Healing- CCP program The Mental Health Association in New Jersey in collaboration with the New Jersey Department of Human Services' Division of Mental Health and Addiction Services, Disaster and Terrorism Branch, is offering a Crisis Counseling Program (CCP) through a (FEMA/SAMHSA) grant. For more information visit www.mhanj.org

CALLING ALL PARENTS

This pandemic has taken PARENTING to another level!
HOWEVER
You don't have to go it alone!

**JOIN US EVERY WEDNESDAY
7:00 - 8:00 PM**

Meeting ID: 852 3222 2414
Passcode: Parents

<https://us02web.zoom.us/j/8523222414?pwd=NUVxUHlkUkFmOHNmRFZwcjBWU1ZTZz09>

NEW JERSEY hope and healing

This program is brought to you by NJ Hope and Healing- CCP program The Mental Health Association in New Jersey in collaboration with the New Jersey Department of Human Services' Division of Mental Health and Addiction Services, Disaster and Terrorism Branch, is offering a Crisis Counseling Program (CCP) through a (FEMA/SAMHSA) grant. For more information visit www.mhanj.org

IF YOU, A FRIEND, OR LOVED ONE HAS TESTED POSITIVE, IS EXPERIENCING SYMPTOMS, OR IS RECOVERING FROM COVID-19, JOIN OUR SUPPORT GROUP.

THURSDAYS IN SEPTEMBER @ 6:00PM

THIS GROUP WILL PROVIDE INFORMATION AND EDUCATION TO SUPPORT THE EMOTIONAL IMPACT OF COVID-19.

WE WILL DISCUSS COMMUNITY RESOURCES AND STRATEGIES FOR MANAGING PHYSICAL AND EMOTIONAL REACTIONS.

WE WILL DISCUSS TIPS FOR MANAGING THE STRESS OF BEING SEPARATED FROM OTHERS, COPING SKILLS, PROBLEM-SOLVING, AND WAYS TO MAINTAIN HEALTHY CONNECTIONS.

USER ID: 865 0178 8077
PASSWORD: 315414

CLICK LINK TO JOIN:
<https://us02web.zoom.us/j/86501788077?pwd=<TJYemlWlEjGbkKDFk5TzVVMGNkQT09>

NEW JERSEY hope and healing

This program is brought to you by NJ Hope and Healing- CCP program The Mental Health Association in New Jersey in collaboration with the New Jersey Department of Human Services' Division of Mental Health and Addiction Services, Disaster and Terrorism Branch, is offering a Crisis Counseling Program (CCP) through a (FEMA/SAMHSA) grant. For more information visit www.mhanj.org

Are you looking for a new approach to coping with Grief & Loss?

Introducing a 10-week program brought to you by New Jersey Hope and Healing

- Week 1:** 9/9 Intro & Chapter 1 - "Breathing Again"
- Week 2:** 9/16 Chapter 2 - "Kicking the Elephant Out of the Room"
- Week 3:** 9/23 Chapter 3 - "The Platinum Rule of Friendship"
- Week 4:** 9/30 Chapter 4 - "Self-Compassion and Self-Confidence"
- Week 5:** 10/7 Chapter 5 - "Bouncing Forward"
- Week 6:** 10/14 Chapter 6 - "Taking Back Joy"
- Week 7:** 10/21 Chapter 7 - "Raising Resilient Kids"
- Week 8:** 10/28 Chapter 8 - "Finding Strength Together"
- Week 9:** 11/4 Chapter 9 - "Failing and Learning at Work"
- Week 10:** 11/11 Chapter 10 - "To Love and Laugh Again"



Join the Discussion & Find a Supportive Community **THURSDAYS @ 7-8PM**

NJ Human Services **zoom** Meeting ID: 899 6297 0342
Passcode: 735688
Link: <https://us02web.zoom.us/j/89962970342?pwd=eXAzWU9UUmRlVQZ4RVG0NlFOWEpZz09>

This program is brought to you by NJ Hope and Healing- CCP program The Mental Health Association in New Jersey in collaboration with the New Jersey Department of Human Services' Division of Mental Health and Addiction Services, Disaster and Terrorism Branch, is offering a Crisis Counseling Program (CCP) through a (FEMA/SAMHSA) grant. For more information visit www.mhanj.org



Join our virtual group - Fridays @ noon in September!

zoom
Meeting ID: 939 5831 8783
Passcode: 138625
Link: <https://zoom.us/j/93958318783?pwd=WDR6QjQ4WVJYTC1WcHJlUEpMcW5GZz09>

This program is brought to you by NJ Hope and Healing- CCP program The Mental Health Association in New Jersey in collaboration with the New Jersey Department of Human Services' Division of Mental Health and Addiction Services, Disaster and Terrorism Branch, is offering a Crisis Counseling Program (CCP) through a (FEMA/SAMHSA) grant. For more information visit www.mhanj.org

navigating life as a STUDENT during COVID-19



Join our workshop!! ~fridays in september @ 5:00pm **zoom**

Meeting ID: 983 4490 8458
Password: 209772
Click link to join: <https://zoom.us/j/98344908458?pwd=LlZlR1hJYzU3bnR0bG5UUVJlWWU5a3Nhd0Y09>

This program is brought to you by NJ Hope and Healing- CCP program The Mental Health Association in New Jersey in collaboration with the New Jersey Department of Human Services' Division of Mental Health and Addiction Services, Disaster and Terrorism Branch, is offering a Crisis Counseling Program (CCP) through a (FEMA/SAMHSA) grant. For more information visit www.mhanj.org



Sundays in September @ 7:00pm

School nurses' well-being during the pandemic is as important as those we serve in our school communities. **Robin Cogan**, also known as **The Relentless School Nurse**, will guide an interactive discussion that will promote a strength-based approach to well-being for school nurses. We will look at resilience in the face of adversity and identify triumphs in the most consequential times in modern school nursing history.

zoom
Meeting ID: 965 2476 8033
Password: 860075
Link: <https://zoom.us/j/96524768033?pwd=UUR0RlZlR0bG5UUVJlWWU5a3Nhd0Y09>

This program is brought to you by NJ Hope and Healing- CCP program The Mental Health Association in New Jersey in collaboration with the New Jersey Department of Human Services' Division of Mental Health and Addiction Services, Disaster and Terrorism Branch, is offering a Crisis Counseling Program (CCP) through a (FEMA/SAMHSA) grant. For more information visit www.mhanj.org



NJ Hope & Healing Program

Through a variety of virtual services, this program aims to assist those impacted by the pandemic to better adjust to their new reality, mitigate stress, review options, develop coping strategies, and, if needed, find linkages to agencies, programs, and other resources in their community. Support groups are available for children & families, young adults, first responders, frontline/healthcare workers, individuals with substance use disorder, senior and Spanish-speaking individuals.

[Register Here](#)



Apply NOW for Help with Housing or Utilities!



Recently, the federal government issued a limited eviction moratorium beginning August 3rd through October 3 for renters living in communities experiencing a surge in COVID-19 cases.

In addition, Governor Murphy signed legislation that expands COVID-19 Emergency Rental Assistance and Utility Assistance Programs.

For more information, or to apply for rental or utility assistance, please use the links below.

- First, know your rights: <https://legallfa.org/>
- For general assistance questions, call 211 or check the website: www.nj211.org
- Renters MUST self-certify to qualify for assistance: <https://covid19.nj.gov/pages/renter>
- State Rental Assistance Application: <https://njdca.onlinepha.com>
- A video tutorial on completing the application: <https://njdca.onlinepha.com/en-US/Pages/View/152/how-tenants-can-apply-for-coverage>
- Frequently Asked Questions and Answers: <https://njdca.onlinepha.com/en-US/Pages/View/145/program-frequently-asked-questions>
- Comprehensive Statewide Housing Resources: <https://www.housinghelpnj.org/>
- Renters may also access assistance at both the County and City level using the federal database of rental assistance programs: www.consumerfinance.gov/renthelp
- New Jersey Utility Assistance: www.state.nj.us/bpu/assistance/programs
- The federal government issued three Economic Impact Payments. Make sure you got all three: <https://www.irs.gov/newsroom/recovery-rebate-credit>
- If you have children and didn't automatically receive the federal Child Tax Credit, sign up for it: www.irs.gov/credits-deductions/child-tax-credit-non-filer-sign-up-tool

APPLY NOW FOR HELP WITH HOUSING OR UTILITIES!

APPLY HERE

2021-2022 Ocean County Housing & Resource Direc



Prepared by:
Ocean County Department of Human Services

In collaboration with:
Ocean County Office of Senior Services & Ocean County Board of Social Se

THE UPDATED OCEAN COUNTY HOUSING &

OCEAN COUNTY COVID-19 RESPONSE RESIDENTIAL EMERGENCY RENTAL ASSISTANCE PRO

This program has been designed to help low income residents who are struggling to pay their rent and may be facing eviction. It also requires participation of the applicant's landlord for information for rental assistance.

Supported by the Ocean County Board of Commissioners:
Virginia E. Haines | John P. Kelly | Gerry P. Little | Gary Quinn | Joseph

ABOUT THE FUNDING

The Ocean County Board of Commissioners has increased the grant award for the Ocean County Residential Emergency Assistance Program (RERAP). You may now be eligible for up to 12 months of rent arrearage coverage plus three months of future rent, not to exceed \$26,610.

- ✓ Be a renter whose home is located anywhere in Ocean County
- ✓ Have household gross income at or below the low income limits
- ✓ Program assistance is available by calling 1-833-753-9671

Get more information by visiting

WWW.CO.OCEAN.NJ.US

Scan the QR Code with your smartphone to access the application website at WWW.CO.OCEAN.NJ.US



THE RESIDENTIAL EMERGENCY RENTAL ASSISTANCE PROGRAM IS OPEN FOR APPLICATIONS!

APPLY HERE

RESOURCE DIRECTORY IS AVAILABLE NOW!

VIEW THE DIRECTORY

ST FRANCIS COMMUNITY CENTER

Available Funding

Utility Assistance for Ocean County Residents

St. Francis Community Center has funding available through the Emergency Food and Shelter Program (EFSP) grant to assist community members with electric and gas bills.



To find out your eligibility, contact us at

(609) 494-8861 ext 197

FUNDING AVAILABLE FOR HOUSING AND UTILITIES!

It's never been easier to take a **Quick Peek** at your child's early development

Get a **FREE**, Quick Early Developmental Screening

13% of children in the United States have a developmental delay and many are not identified by the time they enter kindergarten.*

Join the experts from Children's Specialized Hospital for a developmental screening for children ages 1 to 5 years old.

You will receive practical tools and resources about early childhood development.

Call us to find out how to schedule a private appointment through video or phone call from the comfort of your own home

For more information or to register for a virtual quick developmental screening, call **908-301-5498** or visit www.childrens-specialized.org/developmentalscreening

*American Academy of Family Physicians



VIRTUAL DEVELOPMENTAL SCREENINGS OFFERED THROUGH CHILDREN'S SPECIALIZED HOSPITAL!

MORE INFORMATION

QUICK LINKS

<u>Catholic Charities</u>	<u>CONTACT of Ocean & Monmouth Counties</u>	<u>The Counseling Center</u>
<u>Family Planning Center</u>	<u>Family Promise of Southern Ocean County</u>	<u>Fulfill</u>

<u>Hope for Veterans</u>	<u>Hope Sheds Light</u>	<u>NJ 2-1-1</u>
<u>NJ Department of Community Affairs</u>	<u>NJ Department of Human Services</u>	<u>NJ Helps</u>
<u>NJ Housing & Mortgage Finance Agency</u>	<u>Oasis Family Success Center</u>	<u>Ocean County Bid Portal</u>
<u>Ocean County CIACC</u>	<u>Ocean County Library's Autism Resources Center</u>	<u>Ocean County College Achievement Center</u>
<u>Ocean County Housing & Resource Directory</u>	<u>Ocean County PIC</u>	<u>PerformCare</u>
<u>Register Ready</u>	<u>Senior Services</u>	<u>United Way Financial Success Center</u>
<u>Displaced Homemakers Program</u>	<u>Ocean Mental Health Services</u>	<u>St. Francis Counseling Services</u>



County buildings are now open to the public, however, the Ocean County Department of Human Services (OCDHS) continues to request appointments be made in advance. After making an appointment and arriving to the building, please note masks and social distancing are not required. Per State/CDC guidelines, it is recommended individuals use their discretion.

The OCDHS is working closely with County Administration and Health Officials regarding COVID-19. During any emergency impacting our residents, Ocean County Department of Human Services is called to provide information regarding services available to our most

vulnerable population. We will distribute information as we receive it. Please reference the County's [COVID-19 Resource Page](#) for more information.

We thank you for your support and continued dedication to the work we do. Contact your Department Liaison via e-mail (kschworn@co.ocean.nj.us) or phone at (732) 506-5374 to schedule your appointment. Also additional contact information on all county government departments is available on the Ocean County website at www.co.ocean.nj.us.

Get Help With Scheduling A Vaccine Appointment:

- To make a COVID-19 vaccine appointment at an Ocean County Health Department location, visit ochd.org.
- To find out where, how and when you can get vaccinated, click [here](#).
- For help with the New Jersey Vaccine Scheduling System, visit covid19.nj.gov/vaccinehelp or call 855-568-0545.



09/17/2021

Ocean County Department of Human Services | 1027 Hooper Avenue, Building 2, 3rd Floor,
Toms River, NJ 08754

[Unsubscribe recreation@twpoceannj.gov](mailto:unsubscribe@twpoceannj.gov)

[Update Profile](#) | [About Constant Contact](#)

Sent by kschworn@co.ocean.nj.us in collaboration with



CONFIDENTIALITY NOTICE:** The information transmitted is intended only for the person or entity to which it is addressed and may contain confidential and/or privileged material. Any review, retransmission, dissemination or other use of, or taking any reliance upon this information by persons or entities other than the intended recipient is prohibited. If you receive this in error, please contact the sender and delete the material from any computer.